Susan Saint Sing has spoken internationally for both academic and athletic conferences in several universities—most notably a Vatican appointment in 2009 to speak with an international panel of sport administrators from Africa, Japan, Russia, South America and various nations of the world.

Saint Sing earned her bachelor’s degree in Physical Education and Fine Arts from Penn State University, her master’s degree in Health and Nutrition Science and Exercise Physiology from the University of Cincinnati, and her Ph.D. in Sport History and Philosophy from Penn State in 2004.

ABOUT THE BOOK:
Susan Saint Sing has written a book that is remarkable in scope—one that works to unify particle physics, play, the Divine … and everything in between.

R. Scott Kretchman, Ph.D.
The Pennsylvania State University

Play Matters is an uplifting read for anyone who has ever ‘played’ ~ whether it be in sport or dance, or merely in one’s backyard as a child. The intellectual aspects of Saint Sing’s book will capture the attention of the reader for introspective thinking regarding the nature of ‘play’. Play does matter!

Elizabeth “Betz” Hanley,
Olympic Torch Runner for the Athens Olympic Games

Susan Saint Sing in her new work, Play Matters: So Play as if it Matters, offers an enlightening exploration of the significance and depth of the experience of play. She details the pleasures and pains of playing sports while incorporating the insights of such diverse approaches as the Greeks, Carl Jung, Joseph Campbell and John Keats. I found the reading a rich encounter and could see using the book in one of my classes.

Ed Hastings, Ph.D.
Scholar in Residence, Institute for Sport, Spirituality and Character Development
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